



## VOLUNTEER OPPORTUNITY DIRECTORY

### **Activity Leader**

Assist Adult Day Health Coordinator with creating and implementing activities to increase client socialization, cognition, physical and cognitive wellness including: games, history, genealogy, guided autobiography, group discussions and community events.

### **Family Specialist**

Assist Caregiver Support Coordinator with preparing for meetings, developing marketing material, grandparent advocacy, planning and organizing special events and assisting with grand family meetings.

### **Health and Wellness Assistant**

Assist Registered Nurses and Certified Nursing Assistants with an educational program for the clients concerning health needs that directly affect the aging generation. Assist clients with personal care such as polishing nails. Another component is chart maintenance and filing.

### **Horticulture Specialist**

Assist staff and clients with educational programs and activities to increase client knowledge of various gardening techniques and to promote enjoyment.

### **Logistics and Transportation Specialist**

Assist Transportation Coordinator with ensuring safety of our clients. Duties may consist of riding buses to assist with loading and unloading clients and maintaining safety.

### **Music/Arts and Crafts**

Create an educational program for clients with focus on increasing cognition, relaxation, creativity and socialization. Plan and implement musical performances.

### **Nutrition Specialist**

Assist staff with developing educational programs to increase client knowledge of good nutrition, healthy snacks and monitoring. Assist with planning, preparation and serving therapeutic meals.

### **Photography Specialist**

Assist staff with creating a photo archive of clients and activities. This will consist of approximately 50 photos per month. Mercy Care Rome will provide equipment for this project.

### **Research Assistant**

Assist the Director with evaluating the outcome of specific activities, monitoring demographic trends, staying current with geriatric research and implementation in Adult Day Health.

### **Technology and Marketing Specialist**

Assist with teaching basic technology and specific computer usage. Assist staff with marketing needs.

\* Other opportunities available based on volunteer interest and consultation with staff.